

Loft insulation at a glance

- For most homes it costs only £148* from CE Solutions
- It pays for itself between 18 months and five years, then it saves you between £45 and £150 every year
- Can stop a quarter of your heat loss, reduces your heating bill and carbon dioxide emissions
- Will help keep heat out of your home in the summer
- Can be professionally installed in 1-2 hours
- Is installed between and across the joists on the loft floor
- Should be at least 270mm

Boarded areas in your loft

If you have boarded areas in your loft the installers will roll the insulation over them unless you lift them. If you do lift the boards and want to replace them after the installation you will need to raise the joists to allow a 270mm gap for the insulation to be laid.

Don't forget the loft hatch

Most loft hatches sit on a stop and lift into the loft for access and the installer will insulate the back of the hatch and fit draught proofing. Loft hatches that drop down will be assessed & insulated on an individual basis as not all hatches are the same!

What's stored in your loft?

In order to install the insulation your loft will need to be free of belongings so if you use it for storage you will need to empty it. Some of our installers will do this for you and may charge for the service, but remember that once the insulation is in place you will not be able to put things on top of it – squashing the insulation reduces the efficiency.

This could be your opportunity to clear out your loft:

- Donate it to charity
- Sell it - you could well pay for the insulation this way, try www.ebay.co.uk
- Give it away so someone else gets use from it, www.uk.freecycle.org .

Techie stuff about insulation

Insulation slows down the rate at which heat escapes, keeping as much of it as possible inside your home for as long as possible. Insulation works by coating or filling walls or lofts with a layer of material that only allows heat to pass through it very slowly. Using less heat will reduce your carbon dioxide emissions and save on your fuel bill.